



ALOE VERA

pure aloe vera with pear and blueberry juice

THE WELLNESS PROBLEM

The digestive system represents the seat of our health, and if not functioning properly, the digestive function can often lead to broader health problems.

Our digestive system is responsible for not only nutrient catabolism - but breaking down nutrients such as proteins, fats and carbohydrates - a healthy digestive system supports our immune system balance as well. For the digestive system to run properly there needs to be a healthy balance of hydrochloric acid, enzymes, intestinal flora and fibre.

About 70% of your immune system lives in and around your digestive system. If you have an unhealthy digestive system you are far more likely to have immune problems like allergies, frequent colds, 'flu or even autoimmune diseases.

THE MODERE SOLUTION

You probably know how soothing aloe vera can be on your skin when it comes to burns, minor cuts and bruises. What you may not know is that the plant's juices are considered one of the world's best agents for the digestive system. Containing aloe vera leaf gel certified organic by the International Aloe Science Council, Aloe Vera offers a unique nutritional profile and natural antioxidant support to help soothe the digestive tract.

The aloe vera used in Aloe Vera is grown and harvested under optimal conditions in nutrient-rich soil. We use *Aloe barbadensis*, which is the species attributed with healing properties. The plant part used is the gel from the inner leaf.

We use two aloe vera compositions: one is the juice of the aloe vera leaf at a 1:1 ratio, the other is a 200:1 concentrate, at a strength 200 times greater than the normal juice. This creates a very high concentration of aloe vera in Aloe Vera, well over 90%.

Aloe Vera contains polysaccharides processed using Micro-Tech™ Technology, a superior micronizing technology that ensures a consistent polysaccharide profile that ensures bioactivity is retained to provide maximum benefit. Aloe Vera also utilises Max Flash Technology™, a proprietary process which ensures maximum freshness and richer flavour. Max Flash Technology ensures you get the maximum goodness of organic aloe vera and its unique polysaccharides, from every serve of Aloe Vera.



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WELLBEING BENEFITS OF ALOE VERA

Digestive health and wellbeing

- Aloe vera polysaccharides are potently antioxidant and are healing and soothing to the digestive system
- Highly concentrated, contains more than 90% certified organic aloe vera
- Certified organic means grown naturally without gene manipulation in nutrient rich soil
- The aloe vera polysaccharides are retained via a patented extraction process which dehydrates the aloe vera at low temperatures
- Bottled using Max Flash Technology™ to ensure the polysaccharide and other nutrients are retained within the finished product

LIFESTYLE TIPS

- To ensure proper function of the digestive system follow the Modere 12 Week Detoxification Program 1-2 times per year.
- Eat 'clean' foods free from artificial colours, preservatives and sweeteners. Avoid all processed packaged foods. See Modere Weight Management Program Detox
- Increase all low GI vegetables and fruits.
- Protein is essential for digestive health. Ensure all meals contain part protein. A good general rule is one palm of protein per meal 3 times a day. Good protein sources are fish, free range chicken, turkey, eggs, tofu and lean red meats.
- Increase onions, garlic, cauliflower, cabbage and broccoli in the diet to assist the liver's detoxification process.
- Reduce stress as much as possible. There is a gut/brain relationship so stress management techniques such as yoga, Pilates and meditation could be of assistance. Stress Health may be of assistance if stressed.

COMPANION PRODUCTS

You may receive additional benefits from combining this product with: Digestive Enzymes, Para Cleanse, Probiotic and Liver Health.

FACTS

ACTIVE INGREDIENTS

Aloe vera gel (38%), reconstituted pear juice (33%), partially reconstituted aloe vera polysaccharides (21%), honey (5.5%), reconstituted blueberry juice (2%), natural berry flavour, acid (citric acid), stabiliser (xanthum gum), preservative (potassium sorbate, sodium benzoate), bilberry fruit powder, fennel seed powder, grape seed extract, grape skin extract, lemon peel powder, orange peel powder, mate leaf extract. Contains 94% juice.

DIRECTIONS FOR USE

Shake well before each use. Drink 30mL one to two times daily, preferably on an empty stomach. Refrigerate after opening.
Pack size: 500mL

FREE FROM

Milk, gluten, preservatives, artificial colours and flavours, soy and yeast. Suitable for vegetarians.

NUTRITIONAL INFORMATION

Servings per container: 16		
Serving size: 30mL		
Average quantity	per serving	per 100g
Energy	48kJ	160kJ
Protein	Less than 1g	Less than 1g
Fat, total	Less than 1g	2.0g
- Saturated	Less than 1g	2.0g
Carbohydrate	2.8g	9.33g
- sugars	2.3g	7.67g
Sodium	3.48mg	11.6mg